



# DECEMBER 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>Letter of the Week and Friday Lunch</b></p> <p>Don't worry! We are always well aware of allergies and we offer fruit, crackers or cereal to children who do not like the snack provided. We try to stay healthy with at least one fruit and vegetable each week. We also encourage healthy choices with nutritional information being enforced each day. Friday lunches will be offered the first Friday of each month and will be posted on the sign in/out desk.</p>						<b>1</b>
2 Letter N	3 Naval Oranges	4 Cheerios	5 Cheese-it's	6 Celery & Peanut Butter	7 Nilla Wafers	8
9 Letter O	10 Cucumbers & Italian Dressing	11 Oatmeal Cookies	12 Banana's	13 Cheese Sticks	14 Oatmeal Cereal	15
16 Letter P	17 Pretzels	18 Baked Beans	19 Teddy Grahams	20 Peaches	21 Honey Nut Cheerios	22
23 Holiday Week	24 Christmas Cookies	25 Closed Merry Christmas	26 Closed	27 Popcorn	28 Goldfish	29

Water, whole milk and juice are offered at am and pm snack, and at lunch if a child needs a drink.